



Our young people are happy and fulfilled in work, family and life and make positive contributions to society.





## **ULTIMATE OUTCOME**



Improved well-being for our young people

Develop self-belief

Increase resilience

term opportunities

Begin to look at long-

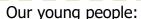
Increase self-

confidence

**Improved** attainment for our young people

Improved life chances for our young people







- Have improved relationships Re-engage with school and
- services
- Increase their physical fitness
- Actively engage with positive opportunities
- Learn life-skills
- Have goals/ambition
- Are happier and have a more positive outlook





Provide 1:1 or group work support and work on small achievements

Deliver life skills sessions incorporating wellbeing, nutrition and self-care

Deliver an environmental programme learning rural skills

Provide peer volunteering opportunities and transitional work placements



Working together using the horse and its environment we support vulnerable young people who are experiencing personal challenges in their lives.